

Creative Writing

Life after cancer: what's changed?

A Writing Workshop with Susan Elderkin

Many people find that after the physical and emotional turmoil of cancer treatment, they feel changed. Their relationships with friends and family have altered in subtle ways. They feel differently about their work and how they want to spend their time.

Writing can be a very effective way of getting to know this new you. Using a variety of triggers and writing spontaneously, I encourage people to write directly from the sub-conscious. You'll find it gives shape and voice to ideas and emotions you didn't know existed. It brings a new clarity and the confidence to help you make the right decisions about what comes next.

No writing experience is necessary. Just bring a notebook and pen and an open mind. The workshop will be aimed at people coming to the end of their cancer treatment or who have already finished; but is open to anyone for whom the theme of change strikes a chord.

Friday 21st November 2008

2.00 – 5.00pm, Rose Room

Please book at Reception 0207 384 0099

Minimum Suggested Donation £10.00